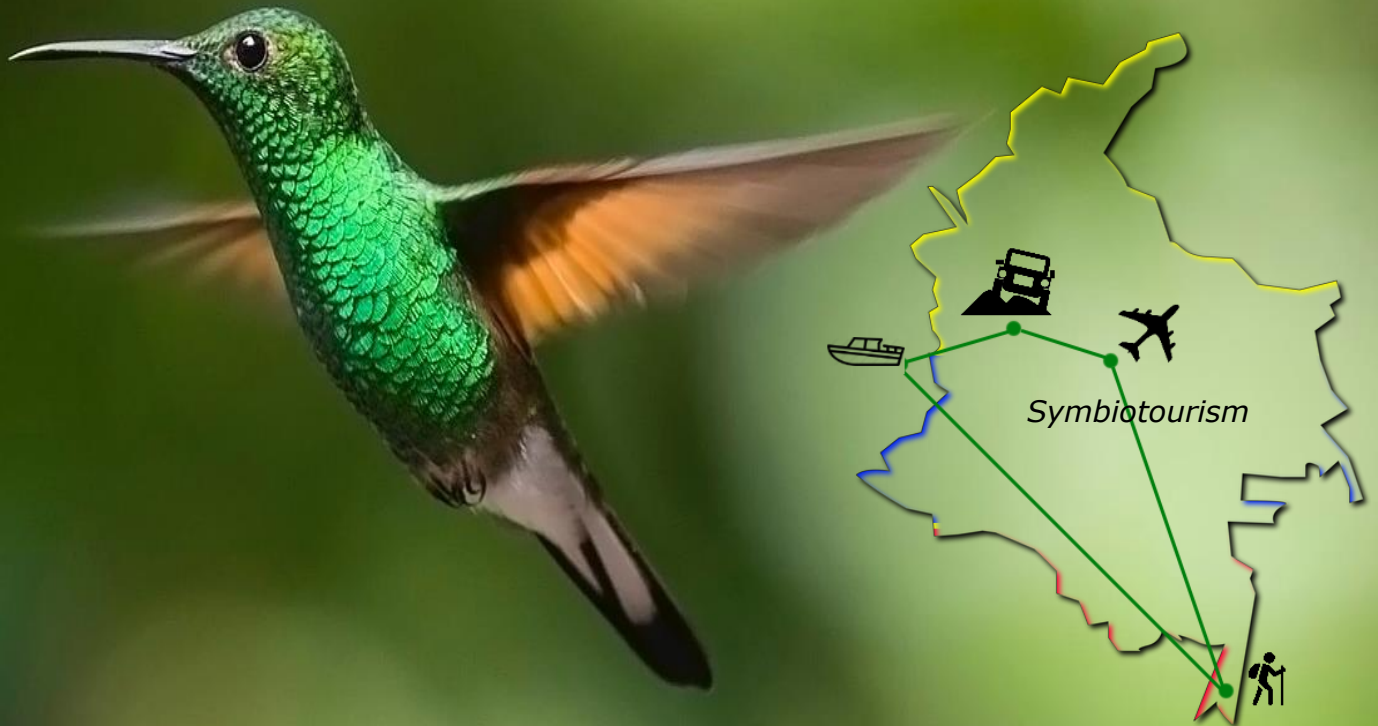


Colombia... Breathe Life

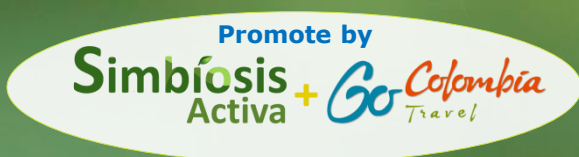
A life experience to travelers who want to visit unique places in Colombia while supporting the development of local communities and their small businesses by sharing their knowledge with regional cultures and traditions...



... tasting native food, watching the biodiversity and its ecosystems, breathing pure air, but above all, disconnecting from the routine to reconnect with nature.

The route we propose was carefully designed for small groups. You will know firsthand why Colombia is one of the Megadiverse countries of the world at the same time the local host communities are benefited. These communities, mostly peasants, work for the balance: **The sustainability of their families and the biodiversity conservation.**

A fascinating trip, designed by nature lovers and professionals in ecotourism, we know the country and we are aware enough to know that these visits contribute to social development, as long as it is sustainable.



Do you want to join us?
Spaces are limited!

Arrival: Bogotá, Guatavita, Villa de leyva

Day 1	Hello Colombia!! Arrival at El Dorado airport in Bogotá. Transfer to hotel with welcome cocktail, dinner and overnight at the hotel
Day 2	Tour of the center of Bogotá, visit to the main energy, spiritual and sacred places of the Muisca. Gastronomic show. Departure to Guatavita. Lunch . Visit to the lagoon guided by a Muisca descendant who will teach us the history of the territory, its ancestral symbology and its role in the balance of nature. Return to Bogotá. Dinner and night at the hotel
Day 3	Trip through “La sabana” towards Villa de Leyva. Stop at the bridge of Boyacá (Historical place – independence of Colombia). Lunch in town . Entrance to the municipality of Ráquira, famous for its typical handicrafts. Visit to the Muisca-observatory. Return to Bogotá. Dinner and overnight at the hotel.



Cultural coffee landscape and exotic birds

Day 4	Visit Monserrate by funicular and / or Aerial lift. Lunch . Flight to Pereira, welcome cocktail and dinner in a typical restaurant. Overnight at the "Otún Quimbaya" Wildlife Sanctuary.
Day 5	Introductory talk on the biodiversity of the area and nature photography course. Pastora's and the Cedral Walk (practical photography lesson). Lunch at the eco-shelter "La Pastora". Night walk. Dinner and overnight at the "Otun Quimbaya" .
Day 6	Departure to plant endemic species trees. Lunch in a typical restaurant in Santa Rosa de Cabal. Visit and coffee tasting. Dinner and overnight at the "Otun Quimbaya" Wildlife Sanctuary
Day 7	Departure to the Cocora Valley with lunch . Visit to Salento and transfer to the municipality of Apia. Dinner on the way in a typical restaurant. Welcome cocktail and overnight at the eco-inn "La Trinidad"
Day 8	Birdwatching in the natural park "Planes de San Rafael" Lunch in banana leaves (typical coffeeworker food). Walk to waterfalls. Dinner and overnight at the eco-inn "La Trinidad"
Day 9	Coffee experience in the Andrés Alzate and Flor de Apia fincas. Barismo and lunch in a typical restaurant. Dinner and overnight at the eco-inn "La Trinidad"
Day 10	Visit to Marsella and the botanical garden. Lunch . Free time. Canelazo and dinner in the San Rafael River with typical serenade. Overnight at the eco-inn " La Trinidad".



Ocean, Jungle, beach and whales

Day 11	Flight from Pereira to Nuquí (Pacific coast). Trip through Nuquí with musical performance. Cocktail and Lunch . Transfer by boat to the island “ El Morro de Terco”. Dinner and overnight at the Eco touristic guesthouse of the island
Day 12	Visit to the thermals. Typical lunch . Visit and talk in the place where they protect the turtles. If the conditions allow it, liberation of the turtles at the beach. Dinner and overnight at the Eco touristic guesthouse of the island.



Humpback Whale
(*Megaptera novaeangliae*)



Ocean, Jungle, beach and whales

Day 13	Boat ride for whale watching in the “Ensenada de Utría” (support for photographic registration) lunch (fiambre) and hike. Dinner and overnight at the house of the island
Day 14	Activity: Cleaning beaches and jungle trails with “Manos del Mar”. Lunch (local gastronomic show) Dinner and overnight at the house of the island.

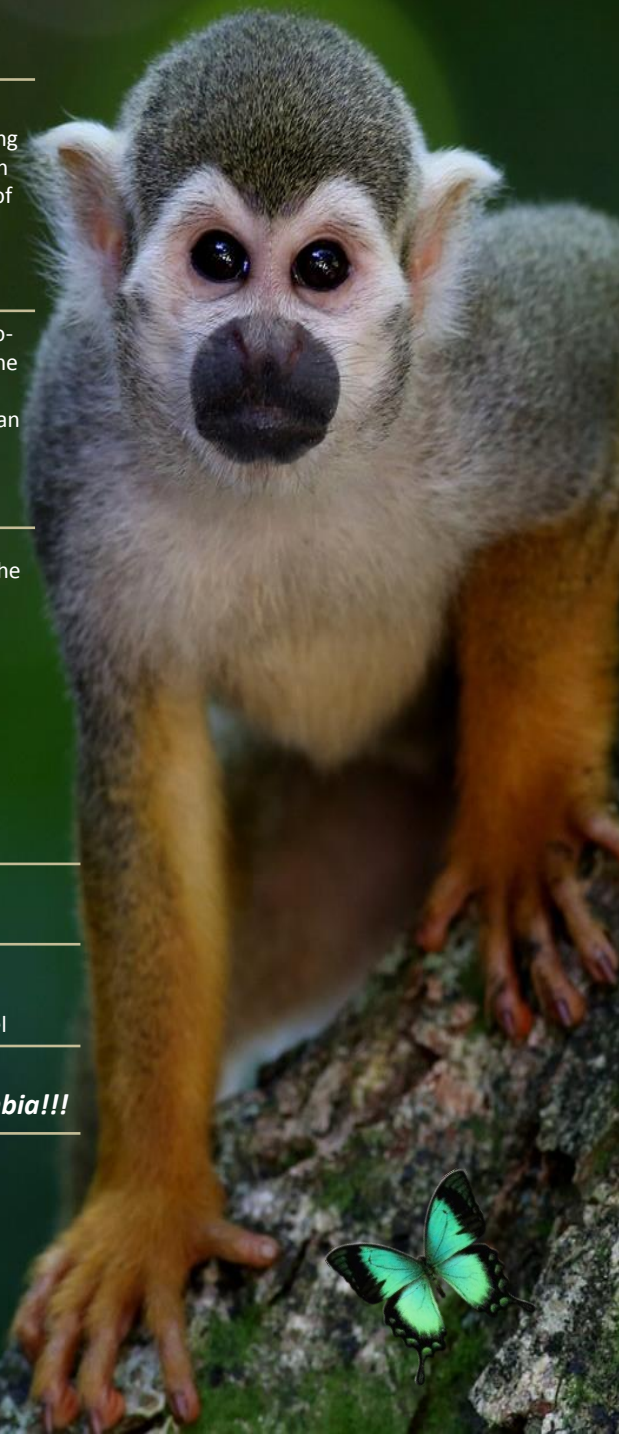
Amazonas... Exuberant!

Day 15	Flight to Leticia – Amazonas and transfer to the Tanimboca natural reserve. Welcome-cocktail and lunch . Dinner and overnight at the tree hut (at 12 m high). Night walk (if conditions allow it).
Day 16	Enotour: 09h00 departure through the jungle to the Huitoto or Macuna indigenous community. During this tour the artisanal fishing rods are prepared. Typical lunch . Talk with the Curaca, preparation of the Mambe, rape or Ambil and if conditions allow it, possibility of bathing in the Tacana waterfall. Dinner and overnight in the community, in hammocks / mattresses with mosquito net. Night of myths and legends into the maloca.
Day 17	Transfer to "Mundo Amazónico", natural reserve. Visit to the ethno-botanical garden, the aquarium and visit to the cultural village of the different ethnic groups, where there are replicas of the malocas, traditional games (bow and arrow, darts, etc.). Process of Amazonian products (jams, aromatics, ointments, etc.), fruit tasting and trek through the jungle. In the afternoon, parrots watching in plaza santander. Dinner and overnight at the hotel in Leticia
Day 18	07h30 Tour through the Amazon River. Wildlife watching. Visit to the reserve “Victoria Regia”. Departure to Puerto Nariño with typical lunch . Arrival at the lakes of Tarapoto to pink dolphins watching. Dinner and overnight at the hotel in Leticia.

Zapaquirá and the Salt cathedral

Day 19	Flight to Bogota. Lunch and free afternoon. Welcome-cocktail, dinner and overnight at the hotel.
Day 20	Departure to Zapaquirá with lunch in a typical restaurant. Entrance to the Salt Cathedral. Farewell party with typical dinner and local music. Overnight hotel
Day 21	Breakfast and transfer to El Dorado airport in Bogotá. Goodbye Colombia!!!

COLOMBIA: An unforgettable life experience



Donations and community support



NUQUÍ:

-Implements for the cleaning of the beach and environmental education for the community in alliance with "**Manos del mar**"

- Support to the photographic registry of whales and turtles.

CULTURAL COFFEE LANDSCAPE:

-Endemic tree planting in alliance with the local foundation of environment conservation.

-Donation of school kits to the children of local school.



We support sustainability complying with the Colombian law on traffic in flora and fauna and actions against the environment (Law 1133 of 2009). We reject the sexual exploitation of minors (Law 679 of 2001), illegal trafficking in cultural property of the country (Law 63 of 1986 and Law 1185 of 2008) and any discrimination of people by race or gender.

The price of the trip includes:

Visit to 4 magic regions of Colombia:

Savanna (Bogotá, Villa de Leyva, Guatavita, Ráquira und Zipaquirá)

Pacific Ocean Region (Nuquí, Ensenada de Utría, Guachalito, Joví and Coquí)

Coffee cultural landscape (Pereira, Salento, Santa Rosa, Apía, Santuario and Marsella)

Amazonas (Leticia- Puerto Nariño – Huitoto/macuna communities, Tanimboca , Mundo amazónico and Tarapoto)

-International flights (Europe-Colombia- Europe)

- Lodging in eco-hotels and / or ecotouristic community and / or family inns with welcome cocktails.
- Pickup trucks and typical transport (chiva, boat and jeep in Amazonas, Nuquí and coffee zone)
- Entrance to the museums, national parks, refuges and ecological reserves.
- Coffee experience (sowing, harvesting, roasting and packaging of coffee)
- Participation in samples of local gastronomy (Savanna and Pacific region)
- Comfortable and private transport by bus (Savanna and coffee zone)
- Bilingual guides and local guides (several, according to region).
- Breakfast every day, lunch and dinners (typical restaurants)
- Nature photography and workshop on biodiversity (6 days)
- National flights (Nuquí, Pereira, Amazonas and Bogotá)
- Travel kit (necessary elements and itinerary of the trip)
- Taste of coffee with barista (Santa Rosa and Apia)
- Typical serenade (Coffee zone) with canelazo
- Donations for each of the local communities
- Refreshments every day (Drinks, fruits etc.)
- Funicular and / or Aerial lift (Savanna)
- A Yoga class and relaxation (Nuquí)
- Travel insurance
- Laundry service
- Farewell party

Promote

Simbiosis Activa Org: Swiss organization
for the conservation of nature in Colombia and
Go Colombia travel: Eco-travel agency

*Every supplier, community and allied environmental organization
receives the payment of their services directly
(avoiding intermediaries). In this way mutual and fair trade
is supported and encouraged*



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To be in mind:

- The price of the excursion varies, you can do it complete (22 days) or only 15 days. For more information, **write Us.**
- Activities which are not mentioned are **NOT INCLUDED**
- All activities mentioned in the program are included and voluntary.
- Visitors must have yellow fever vaccine
- You can pay in Euros, UDS dollars or swiss Francs CHF.